

**What is claimed is:**

1. A material dispenser comprising:  
a pliable material; and  
an opening formed in said pliable material,  
whereby the material dispenser is capable of holding a  
material to be dispensed.
  
2. A material dispenser as in claim 1 wherein:  
said opening comprises a slit.
  
3. A material dispenser as in claim 2 wherein:  
the slit has a longitudinal dimension at least three  
times the lateral dimension of an applicator end of an  
applicator.
  
4. A material dispenser as in claim 1 wherein:  
said pliable material comprises a block.
  
5. A material dispenser as in claim 4 wherein:  
the block has six substantially planar sides.
  
6. A material dispenser as in claim 4 wherein:

the block comprises foam.

7. A material dispenser as in claim 1 further comprising:

material placed in said opening and held by said pliable material.

8. A material dispenser as in claim 4 wherein: the material is selected from the group consisting of sealants, resins, bonding agents, hemostatic agents, disinfectant agents, desensitizers, bleaches, stains, tints, or dyes.

9. A material dispenser as in claim 1 further comprising:

an impervious material placed around said pliable material.

10. A material dispenser as in claim 7 wherein: said pliable material blocks light actinic to the material.

11. A material dispenser as in claim 1 further comprising:

means for holding said pliable material in position.

12. A material dispenser as in claim 11 wherein:  
said means for holding comprises a pressure sensitive adhesive.

13. A material dispenser as in claim 12 further comprising:

a removable protective backing covering said pressure sensitive adhesive.

14. A material dispenser as in claim 11 wherein:  
said means for holding comprises a ring.

15. A low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure comprising:

a block of pliable material; and  
an opening formed in one side of said block of pliable material,

whereby the low viscosity material dispenser is capable of holding the low viscosity material to be dispensed in performing the dental procedure.

16. A low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure as in claim 15 wherein:

    said block of pliable material comprises foam.

17. A low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure as in claim 15 further comprising:

    a pressure sensitive adhesive formed on a side of said block of pliable material opposite the one side having said opening.

18. A low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure as in claim 15 further comprising:

    an impervious material placed on said block of pliable material.

19. A low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure as in claim 15 wherein:

    said block of pliable material blocks actinic light, whereby light sensitive material placed in said block of pliable material will not react.

20. A low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure as in claim 15 further comprising:

    a material placed within said block of pliable material.

21. A low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure as in claim 20 wherein:

    said material is selected from the group consisting of sealants, resins, bonding agents, hemostatic agents, disinfectant agents, desensitizers, bleaches, stains, tints, or dyes.

22. A unit dose low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure comprising:

a block of pliable material having six sides;

a slit formed in one side of said block of pliable material;

a pressure sensitive adhesive formed on a side of said block of pliable material opposite the one side of said block of pliable material; and

a protective backing releasably applied to said pressure sensitive adhesive,

whereby the low viscosity dispenser is capable of holding the low viscosity material to be dispensed.

23. A unit dose low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure as in claim 22 further comprising:

an impervious material covering five sides of said block of pliable material.

24. A unit dose low viscosity material dispenser for use in dispensing a low viscosity material used in a dental procedure as in claim 22 further comprising:

a material placed in said block of pliable material, said material selected from the group consisting of sealants, resins, bonding agents, hemostatic agents, disinfectant agents, desensitizers, bleaches, stains, tints, or dyes.

25. A unit dose low viscosity material dispenser system for dispensing a material used in a dental procedure comprising:

an applicator having an applicating end, the applicating end having a lateral dimension;

a block of pliable material having six sides;

a slit formed in one side of said block of pliable material, said slit having a longitudinal dimension, the longitudinal dimension being at least three times the lateral dimension of the applicating end of said applicator; and

a material placed within said block of pliable material,

whereby said material is capable of being dispensed in a unit dose preventing the possibility of cross contamination.

26. A unit dose low viscosity material dispenser system for dispensing a material used in a dental procedure as in claim 25 further comprising:

    a pressure sensitive adhesive formed on another side of said block of pliable material opposite the one side.

27. A unit dose low viscosity material dispenser system for dispensing a material used in a dental procedure as in claim 25 further comprising:

    impervious material placed on five of the six sides of said block of pliable material.

28. A unit dose low viscosity material dispenser system for dispensing a material used in a dental procedure as in claim 25 wherein:

    said material is selected from the group consisting of sealants, resins, bonding agents, hemostatic agents, disinfectant agents, desensitizers, bleaches, stains, tints, or dyes.

29. A low viscosity material dispenser system for dispensing materials used in a dental procedure comprising:

a plurality of dispensers attached together so as to be individually separable, each of said plurality of dispensers comprising a block of pliable material having a slit therein adapted to receive an applicating end of an applicator.

30. A low viscosity material dispenser system for dispensing materials used in a dental procedure as in claim 29 wherein:

each of said plurality of dispensers is individually identifiable.

31. A low viscosity material dispenser system for dispensing materials used in a dental procedure as in claim 29 wherein:

each of said plurality of dispensers contains a different material to be dispensed.

32. A low viscosity material dispenser system for dispensing materials used in a dental procedure as in claim 29 further comprising:

a pressure sensitive adhesive formed on one side of said plurality of dispensers,

whereby each of said plurality of dispensers is capable of being attached to a surface.

33. A method of dispensing a material used in a dental procedure comprising the steps of:

placing the material in a slit formed in a block of pliable material;

inserting an end of an applicator into the slit formed in the block of pliable material; and

using the applicator in the dental procedure,  
whereby the material is dispensed.

34. A method of dispensing a material used in a dental procedure as in claim 33 further comprising the step of:

placing identifying information on the block of pliable material.

35. A method of dispensing a material used in a dental procedure as in claim 33 further comprising the step of:

attaching the block of pliable material to a surface, whereby the block of pliable material is securely held in position.

36. A method of dispensing different materials used in a dental procedure comprising the steps of:

placing a first material in a slit formed in a first block of pliable material;

placing a second material in a slit formed in a second block of pliable material;

inserting an end of an applicator into the slit formed in the first block of pliable material;

using the applicator in the dental procedure;

inserting an end of an applicator into the slit formed in the second block of pliable material; and

using the applicator in the dental procedure,

whereby the first and second materials are separately contained within the first and second blocks of pliable material prior to application in the dental procedure.

37. A method of dispensing different materials used in a dental procedure as in claim 36 further comprising the step of:

placing identifying information on each of the first and second block of pliable material.

38. A method of dispensing different materials used in a dental procedure as in claim 36 further comprising the step of:

attaching the first and second blocks together so as to be readily separable.

39. A method of dispensing different materials used in a dental procedure as in claim 36 further comprising the step of:

attaching the first and second block of pliable material to a surface.

40. A method of cleaning and lubricating a dental instrument during a dental procedure comprising the steps of:

working a dental material with the dental instrument;  
placing the dental instrument into a block of pliable material having a slit containing a lubricant; and  
re-working the dental material,

whereby the dental instrument is lubricated and cleaned preventing the dental material from sticking to the dental instrument during working of the dental material.